

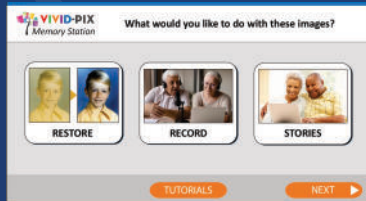
Photo Reminiscence Therapy

Caring for a loved one with Dementia or Alzheimer's can be a difficult challenge for anyone. At Talem, we utilize Photo Reminiscence Therapy developed by award-winning memory care professional Dr. Joshua Freitas and approved by the National Institute for Dementia Education (NIDE).

This process utilizes the Vivid-Pix Memory Station along with personal photographs to connect with the loved one's mental memories.

Vivid-Pix Memory Station

Vivid-Pix Memory Station one-click scanning solution is the only solution designed for older adults that quickly and simply scans, restores, and records audio memories and saves multiple photos, documents, and memorabilia at once, a wonderful part of PRT and for the family.



Benefits of PRT

- Fine-tuning activities for loved one - "Prescribing Photos" (based upon insights from one-on-one Caregiver/Loved One interaction)
- Helping others - research will improve PRT in totality
- Help population health - we have enormous challenges ahead with our aging population - alternative care needs to be created and provided
- Improves medication compliance for people with dementia
- Improves sense of meaning and purpose as well as curiosity and excitement
- Promotes cognitive stimulation for brain stimulation
- Fosters social Interaction & improved communication crucial for mental health
- Can help reduce feelings of depression, anxiety, and loneliness
- Provide physical benefits



Joshua Freitas, Ph.D, M.Ed., BC-DED

Joshua Freitas is an award-winning memory care program developer, researcher, and author. Freitas is Vice President of Program Development at CERTUS Senior Living and Chair of the Board for the National Institute for Dementia Education.

Excerpts From Original Research:

This preliminary study suggests that pRT stimulation may reduce dementia symptoms both during participation and as much as 24 to 36 hours later, when participants showed benefits from the residual effects of the photo-based reminiscence therapy session. The pilot study strongly supports and contributes to a medically valid, non-pharmacological approach to working with and treating patients with dementia.

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